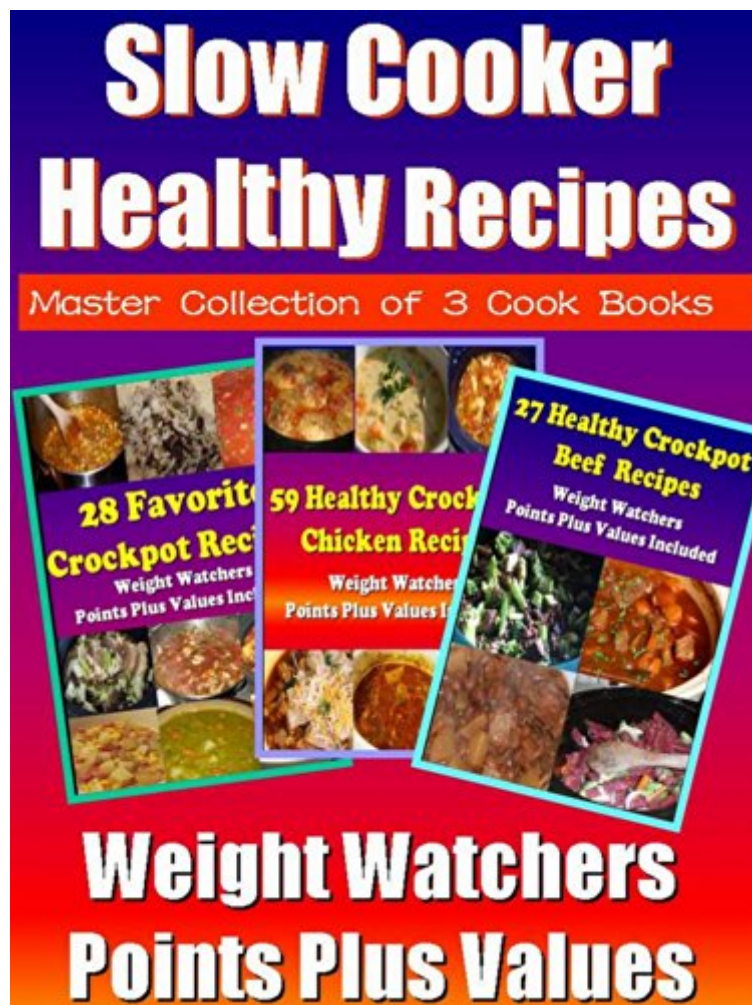


The book was found

Slow Cooker Recipes Special: Healthy Go Slow Cooker Recipes With Weight Watchers Point Plus Included:- 3 Recipes Books In One: Go Slow Cooker Recipes



Synopsis

****SPECIAL DISCOUNT: 3 Slow Cooker or Crockpot Weight Watchers Recipe Books in One Collection - 3 for the price of 1.3 Go Slow Cooker Recipe Books:**

Book 1. 27 Nutritious Crockpot BEEF Recipes - Weight Watchers Point Plus Value Included

Book 2. 28 Favorite Crockpot Recipes-- Weight Watchers Points Plus Value Included

Book 3. 59 Nutritious Crockpot Chicken Recipes - Weight Watchers Point Plus Value Included!

Clickable Table of Contents for Easy Navigation. Enjoy taking this recipe book into your kitchen to cook these meals! So for Weight Watchers, every food has a PointsPlus value. This takes into account the following in our food:

1. Protein
2. Carbohydrates
3. Fat
4. Fiber content

In these Recipe books, PointPlus values are given for each recipe.

TABLE OF CONTENTS for Book 1: 27 Nutritious Crockpot BEEF Recipes

1. Crockpot Beef Sandwiches WW PointsPlus: 7.5 Points
2. Barbecue Sauce Beef Sandwiches WW PointsPlus: 9.5 Points
3. Chinese Beef with Broccoli WW PointsPlus: 7 Points
4. Crockpot Beef on Pasta WW PointsPlus: 8 Points
5. Crockpot Beef Stew WW PointsPlus: 6 Points
6. Crockpot Beef Stroganoff WW PointsPlus: 9 Points
7. Vegetable Beef Casserole WW PointsPlus: 5 Points
8. Cabbage Beef Rice Casserole WW PointsPlus: 8 Points
9. Cabbage Roll Beef Soup WW PointsPlus: 4 Points
10. Mexican Chili Pasta WW PointsPlus: 8 Points
11. Chinese Beef and Vegetable Stew WW PointsPlus: 4 Points
12. Chunky Beef and Pork Chili Casserole WW PointsPlus: 5 Points

etc to 27

TABLE OF CONTENTS for Book 2: 28 Favorite Crockpot Recipes

1. Frankfurters with Macaroni and Cheese WW PointsPlus: 5.5 Points
2. Garlic Pork Roast Crockpot WW PointsPlus: 5 Points
3. Tender Pork Chops Meal WW PointsPlus: 3.5 Points
4. Chinese Ginger Pork Wraps WW PointsPlus: 5 Points
5. Herbed Turkey Breast WW PointsPlus: 7 Points
6. Hot Crab Dip Delight WW PointsPlus: 2 Points
7. Vegetable Minestrone & Rice WW PointsPlus: 1 Point
8. California Vegetable Cheese Meal WW PointsPlus: 3 Points
9. Cherry Cobbler WW PointsPlus: 6 Points
10. Easy Crockpot Pork Chops WW PointsPlus: 3.5 Points
11. Chinese Chop Suey Over Rice WW PointsPlus: 9 Points
12. Corn, Ham and Potato Scallop WW PointsPlus: 6 Points
13. Creamy Cheesy Red Potatoes WW PointsPlus: 5 Points
14. Apple Delight WW PointsPlus: 1 Point
15. Crockpot Apples in Wine WW PointsPlus: 4 Points
16. Crockpot Apple Pie Bread Pudding WW PointsPlus: 3 Points
17. Crockpot Ham and Lima Beans WW PointsPlus: 6 Points

etc. to 28.

TABLE OF CONTENTS for Book 3: 59 Nutritious Crockpot Chicken Recipes

Introduction: Weight Watchers Point Plus

1. White Wine Chicken WW PointsPlus: 7 Points
2. Rice Chicken and Beans WW PointsPlus: 7 Points
3. Basil Celery Crockpot Chicken WW PointsPlus: 6 Points
4. Veggie Crockpot Chicken Stew WW PointsPlus: 4 Points
5. Bloody Mary Chicken Crockpot WW PointsPlus: 6 Points
6. Easy Crockpot Chicken and Rice WW PointsPlus: 3.5 Points
7. Crockpot Chicken Caccitore WW PointsPlus: 5.5

Points8. Artichoke Crockpot Chicken and Pasta WW PointsPlus: 9 Points9. Cheesy Crockpot Chicken WW PointsPlus: 7.5 Points10. Mushroom Chicken with Macaroni WW PointsPlus: 7.5 Points11. Mushroom Crockpot Chicken with Rice WW PointsPlus: 6 Points12. Crockpot Chicken with Stuffing WW PointsPlus: 7 Pointsetc. to 59Enjoy! Enjoy!

Book Information

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Customer Reviews

Three cookbooks for the price of one.....super easy recipes...great variations with meats and ingredients on hand....weight watchers points also included

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